



Health Net for CalPERS

2023 Open Enrollment

Health Net of California, Inc. (Health Net)

Explore Your 2023 Health Net Choices!

Whether you're new to Health Net, or coming back to us for 2023, we're here to provide useful information about Health Net open enrollment.

Earn rewards for improving your health!

Use our custom website and social media tools to help manage your health.



Choose the right Health Net plan for you and your family.

Find local doctors in the SmartCare HMO and Salud HMO y Más networks.

Access wellness and specialty programs, exclusively for CalPERS members.

Why Choose Health Net?

During this year's open enrollment, please consider this:

We work to make a positive difference in the lives of the people we serve.

For over 40 years, Health Net has supported Californians through various stages of life, and that's what we continue to do.



In creating our plan choices for CalPERS for 2023, we began with our greatest strength – **delivering affordable HMO plans throughout California.**

We believe you deserve reliable health coverage from a local company that understands your needs.

Health Care for the Way You Live

Two Health Net plan options

1

SmartCare HMO: SmartCare gives you access to an established, local provider network that connects you to respected, high-quality doctors, provider groups and hospitals.

2

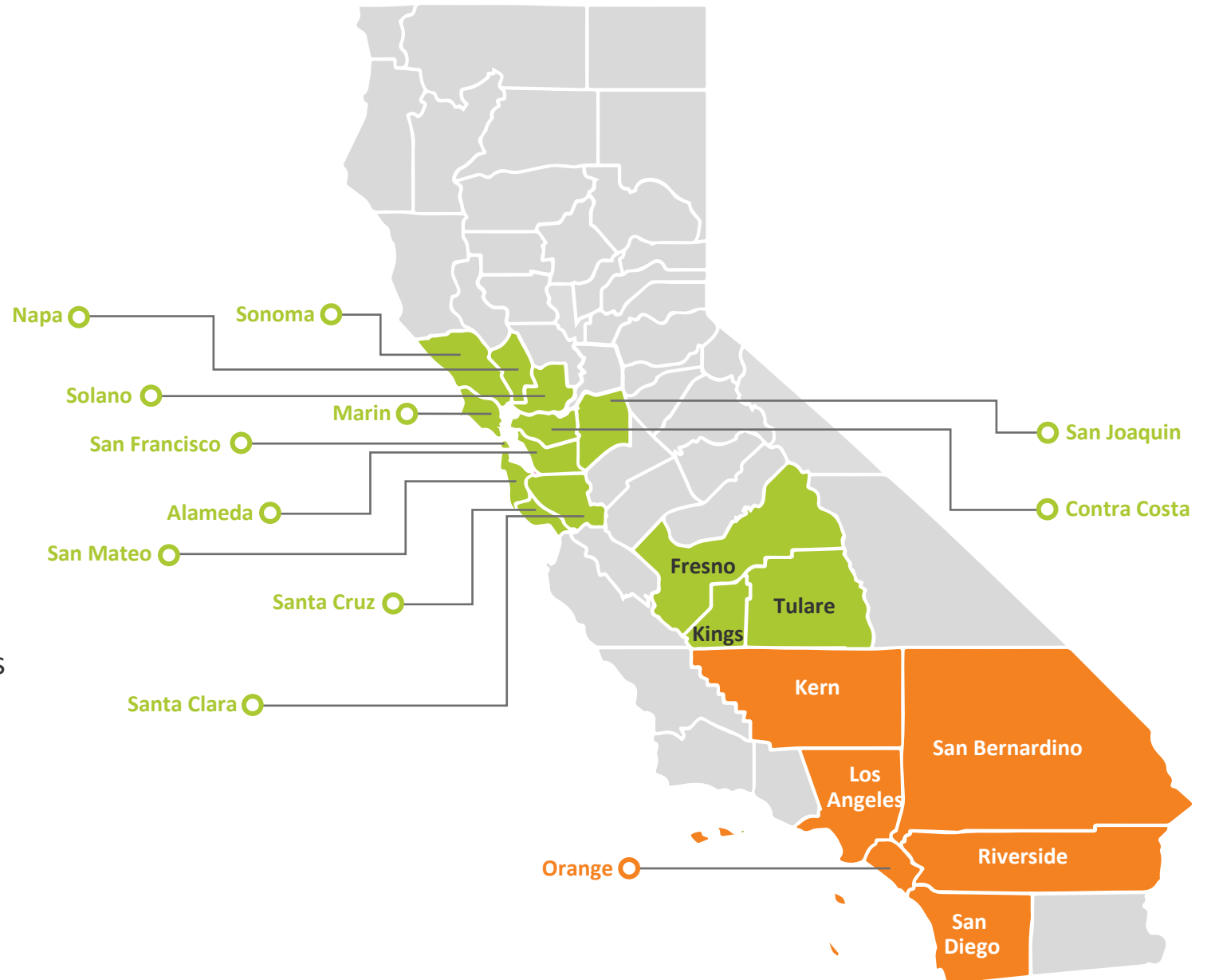
Salud HMO y Más: A plan that addresses the needs of Southern California. It gives you access to a quality group of doctors and hospitals where you live or work. (Includes cross-border physician access to SIMNSA in Mexico.)



SmartCare HMO and Salud HMO y Más Network

 SmartCare HMO and Salud HMO y Más

 SmartCare HMO



Summary of Benefits for Each Plan



Benefits ²	Salud HMO y Más	SmartCare HMO
Preventive care office visits, including well-woman exams	\$0	\$0
Doctor office visits	\$15 (when using either the Health Net or SIMNSA network)	\$15
Specialist office visits	\$15 (when using either the Health Net or SIMNSA network)	\$15
Vision exam for refractive eye exam	\$0	\$0
X-ray / Laboratory procedures	\$0	\$0
MinuteClinic visits	\$15	\$15
Prenatal and postnatal office visits	\$0	\$0
Hospitalization	\$0	\$0
Urgent care	\$15	\$15
Emergency care	\$50	\$50
Chiropractic / Acupuncture ³	\$15 / 20 visits max.	\$15 / 20 visits max.

²This chart is a summary of benefits only. All benefits are subject to the definitions, limitations and exclusions set forth in the Evidence of Coverage (EOC) document. Basic members are encouraged to review this document before making their final decision.

³Combined maximum of 20 visits per calendar year. Services administered by American Specialty Health Plans. Inc. (ASH).

Health and Wellness With Heart and Soul



A bridge to healthy actions

The Decision Power[®]: Health & Wellness program gives you personalized tools along with the support and confidence to take action for positive, lasting health changes. Highlights include:



**Health Coaching
Program**



**Craving to
Quit[®]**



RealAge[®] Test

More Ways to Access Care



Welvie (surgery decision support) – Welvie helps you decide on, prepare for and recover from surgery. Complete the first 3 modules of the program and a brief survey, and you'll receive a **\$25 gift card**.



Omada (proactive diabetes prevention) – Through Omada, you'll gain access to all you need to help you lose weight and reduce your odds of developing type 2 diabetes and heart disease.



MinuteClinic – Convenient walk-in medical service in select locations (generally located inside CVS/pharmacy stores).






Nurse Advice Line – Our toll-free 24/7 nurse line gives you timely access to clinical support for everyday health issues and questions.



Babylon – Telehealth Services speak to a doctor 24/7 and therapist weekdays 7 a.m. to 7 p.m. (Pacific Time) at no additional cost.

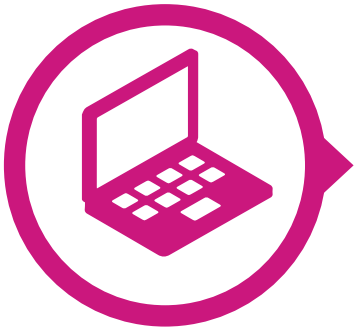
We Reward Preventive Health

When you take action to improve your health – We love it! That’s why we reward you for taking preventive steps to make healthy choices and changes to your lifestyle.

Reward Incentives	Programs	Join Salud HMO y Más or SmartCare HMO, then:
	<p>1. Craving to Quit[®] Smoking/Tobacco cessation</p> <p>OR</p> <p>2. Health Coaching</p>	<p>Choose one program option</p> <ol style="list-style-type: none">1. Complete the tobacco cessation program (telephonic), or2. Complete the Health Coaching program as well as an evaluation call. <p>You can enroll in both programs; but only one \$100 gift card is available per calendar year.</p>
	<p>RealAge[®] Test</p>	<p>Take the RealAge Test and review the results with your doctor. Then complete the PCP form online. One \$50 gift card is awarded in a calendar year.</p>
	<p>Welvie (decide on or prepare for surgery)</p>	<p>If you’re trying to decide on surgery, get started today with Welvie. Get help and support while making your surgical decision. Complete the first 3 modules of the Welvie surgery decision support program and a brief survey, and Welvie will send you a \$25 gift card. Go to www.welvie.com and select the <i>Register</i> button.</p>

Get More Done Online at HealthNet.com/calpers

As a registered member of the website, you'll have 24/7 access to the user-friendly tools and health information you need most. Here's just a sample of all you can do:



What you can do online

Get your benefit details and copayments, *Evidence of Coverage (EOC)* or *Summary of Benefits and Coverage (SBC)*.

Find a doctor, get ID cards and forms, manage your account details, and view medical treatment policies.

Get valuable discounts on health-related services and products.

Decision Power: Complete the RealAge® Test, participate in online health programs, track your health, and access online services 24 hours a day.

How to Reach Us

Dedicated Member Services for CalPERS:

- **1-888-926-4921**
- **TTY: 711**

Dedicated website:

www.healthnet.com/calpers



Q&A

Thank You
